

“ALL I NEED”

Choreographer: Matilda Forsberg (Sweden) 2010-04-06

32 Cont, 4 wall turning anti clockwise, Beginner/Easy intermediate, Nightclub 2 step

Count in: after 16 counts from start of track.

Music: “Say (all I need)” by One Republic, available at iTunes or Amazon

1-8 Basic L, basic R, ¼ R, basic L, basic R.

1,2 & Step left to left side (1) rock right behind (2) recover on left (&)

3,4 & Step right to right side (1) rock left behind (2) recover on right (&)

5,6 & Make a ¼ to right stepping left to left side (5) [3.00] rock right behind left (6) recover on left (&)

7,8 & Step right to right side (1) rock left behind (2) recover on right (&)

1-8 ¼ R, sway L, R, weave R, sway R,,L step turn ¼ ,R step lock step (L locking behind R)

1,2 Make a ¼ to right stepping left to left side and sway left (1) [6.00] sway right (2)

3&4 Step left behind right (3) step right to right (&) cross left over right (4)

5,6 Step right to right side and sway right (5) make a ¼ to left putting weight on left (6)

7&8 Step right forward (7) [3.00] lock left behind right (&) step forward on right (8)

1-8 Run forward X3,slow rock R, run back X3 L costerstep

1,&2 Run three steps forward starting on left (1) right (&) left (2)

3,4 Rock right foot forward (3) recover on left (4)

5&6 Run three steps back right (5) left (&) right (6)

7&8 Step back on left foot (7) step right next to left (&) step left forward (8)

1-8 Monteray ¼ to R,ronde de jambe ¼ to R, step R to R side, L drag and touch.

1,2 Point right to right side (1) make a ¼ to right stepping right next to left (2) [6.00] point left to left (3) step left next to right (4)

5,6 Point right foot forward and sweep right to right side as you turn ¼ to right (5-6) [9.00]

7,8 Take a big step to right (7) drag and touch left next to right (8)

Start again and enjoy! Use your arms to make it more alive