Sweet 16

Coreographer: Unknown
Description: Circle dance 24 steps, beginner
Music:

HEEL, TOUCH, HEEL, STEP, HEEL, STEP, TAP, STEP

1-2 Tap right heel forward, Touch right toe beside left
3-4 Tap right heel forward, Step right beside left
5-6 Tap left heel forwards, step left beside right
7-8 Tap right toe behind left, Step right beside left

HEEL, STEP, 2X STOMP, STEP, TURN, STEP, TURN

1-2 Tap left heel forward, Step left beside right
3-4 Stomp right (no weight), Stomp right (no weight)
5-6 Step forward right, Turn half left on the left
7-8 Step forward right, Turn half left on the left

4X SHUFFLES FORWARD

1-2 Step right forward, Step left next to right, Step right forward
3-4 Step left forward, Step right next to left, Step left forward
5-6 Step right forward, Step left next to right, Step right forward
7-8 Step left forward, Step right next to left, Step left forward

Repeat
Stand in a cirkle and dance clockwise or anti clockwise.

Oldies dans från slutet av 90- talet.
Utlärd hos oss i Friends in line 2025-11-08
till musiken:

Movin' And A Groovin' - Eugene Bridges : (Album: Moovin' And A Groovin')
Quick intro: – &6&7&8 – start on the word "I" (No Tags Or Restarts)

Jingle My Bells - The Tractors
Intro: 32 counts